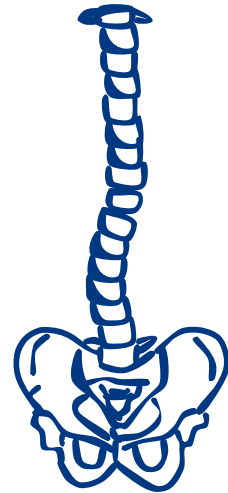
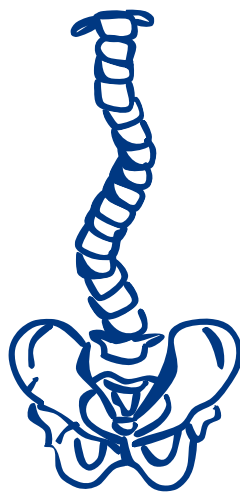
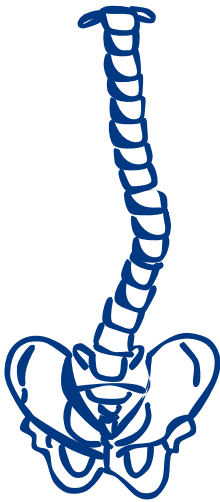


# **MRI**

# **SCREENING GUIDELINES**

TAKE CARE OF YOUR SPINE HEALTH



# CLOTHING GUIDELINES

Any individual undergoing an MR procedure must remove all readily removable metallic personal belongings and clothing items which may contain metallic fasteners, hooks, zippers, loose metallic components or metallic threads.

## Recommended clothing:

- Light clothing (e.g., pajamas)
- Loose fitting cotton or linen clothing
- Sports bras without metal fasteners or wiring
- Clothing free of zippers, metal buttons, or metallic objects

## Clothing materials that are NOT recommended:

- Clothing with metal embellishments
- Compression wear
- Tight-fitting spandex clothing

Certain clothing brands include metal fibers in their fabrics for odor resistance and antibacterial properties. Although these innovations are beneficial for everyday use, they pose risks in an MRI environment. The MRI's powerful magnetic field can cause these metal threads to heat up, potentially resulting in skin burns. Furthermore, the metal can disrupt the MRI images.

## Brands that may include metal fibers:

- Athleta
- Columbia Omniheat
- Duluth Trading Co.
- Juzo USA
- Lululemon
- Tommy Copper

# APPOINTMENT CHECKLIST



- ☐ Complete and submit all required forms in advance
- ☐ Ensure you bring a valid form of identification
- ☐ Follow the designated MRI clothing guidelines
- ☐ Have a light snack prior to your appointment
- ☐ Arrive at least 5 minutes prior to your scheduled appointment
- ☐ Upon arrival, please check in at the front desk
- ☐ Please inform the staff if you or your child has a history of fainting

## QUESTION OR CONCERNS?

### Contact Us



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